



CRYSTAL J. RICHARDS

PRINCIPAL & OWNER

Helping overwhelmed teams lead projects with clarity, courage, and confidence.



PREMIERE SPEAKING TOPICS

HOW TO DEAL WITH SOCIAL POLITICS IN YOUR ORGANIZATION

Like the show Survivor, players have to learn the game of social politics to make alliances. This is true in the work world that social politics cannot be ignored in order to forge effective working relationships with colleagues and business partners.

VIRTUAL (TEAM) REALITY: ACHIEVING THE WATER COOLER EXPERIENCE WITH YOUR REMOTE TEAMS

Keeping remote teams engaged requires that leaders are proactive in engaging their teams and think outside of the box when it comes to keeping in touch and connecting with their people. This session targets the leader who desires to better communicate, manage and develop virtual teams.

CHOOSE YOUR OWN ADVENTURE: YOU'RE THE STAR OF YOUR CAREER JOURNEY

What is the best career move for me? That can be a challenging question for some of us as we get caught up in being everything to everyone, taking on assignments that are not fulfilling and/or require a significant amount of our time, keeping us away from the people and things that matter the most. This interactive presentation gets real about assessing your values, steering clear from the comparison trap, and putting you in the driver's seat when it comes to your career path. After all, YOU are the star of your career journey.

OTHER SPEAKING TOPICS

- B.O.O.S.T.-ing Team Morale in the Midst of Change
- Not Sorry: The Fearless and Unapologetic Female Leader
- Go Live! Are You Ready For Your Next Major Project?
- Got Projects? The 5 Effective Habits of Project Management
- Managing Groundbreaking Research One Project At a Time

CONTACT CRYSTAL

- Keynote
- Seminars
- Workshops

☎ 240-203-9177

✉ crystal@theMindspARQ.com

in [in/theMindspARQ](https://www.linkedin.com/company/theMindspARQ)

🐦 [@theMindspARQ](https://twitter.com/theMindspARQ)

📷 [@theMindspARQ](https://www.instagram.com/theMindspARQ)

🌐 www.theMindspARQ.com

ABOUT CRYSTAL RICHARDS

Crystal is a dynamic trainer, results-oriented facilitator, and versatile project manager. She has over 20 years of professional experience working in healthcare management and project management having worked with private- and public-sector clients. Crystal is dedicated to bringing out the best in people having served with multiple organizations including associations, non-profits, and federal agencies as a trainer and mentor. As a trainer, Crystal believes it is important that her presentations are best spent training and leaving the audience with something to take back to their workplaces. Crystal focuses her time on using training techniques that emphasizes learner interaction and immediate application.

SERVICE OFFERINGS

TRAINING

Get training programs tailored to your exact, unique needs. Your situation is unique and so should your training.

DEVELOPMENT

I'll design a development program to build a team you can trust to stay on budget, on time and love what they do.

ADVISORY

Get an expert advisor you can call to help you with your project management challenges when you need it.



WHAT OTHERS ARE SAYING

“ I really enjoyed Crystal’s presentation at BU’s PMiP conference. Her presentation was practical and Crystal provided salient points about dealing with office politics and drama. I’ve implemented some of the tips and shared with others in my organization. ”

- Magdala R.

“ Crystal’s presentation at BU’s PMiP Conference was entertaining and extremely interesting. She completely changed how I think about office politics and communication. Crystal’s engaging and insightful session was the highlight of the afternoon for me. ”

- Robert L.

“ I highly recommend Crystal for any team trainings as she exhibits emotional intelligence, knowledge of subject and presents uncomfortable topics in an easy format. ”

- Elizabeth S.

“ Crystal brings an incomparable energy and focus to teaching adult learners. Her effective mix of technical competence and emotional intelligence produces long lasting desired results in her students. ”

- Kim B.



MindspareQ™
Training ■ Development ■ Advisory